

## May 2020 Mid-Continent Intergroup – May 12, 2020

The May 12th, 2020 meeting of the Mid-Continent Intergroup was opened with the Serenity Prayer at 6:05 pm via conference call.

ATTENDANCE: Muriel (Vice-Chair), Barb H (Chair), Stephanie T (Secretary), Donna C (Treasurer), Marilyn (Parliamentarian), Sharon (Public Outreach), Laura (10am Monday), Miriam (Saturday 9:30am), Judy (Saturday 1:30), Lee Ann (Communications/WSO Delegate), Mary (Region Rep)

PARLIMENTARIAN: Quorum met.

RECORDING SECRETARY: The regular April 12th, 2020 meeting minutes were approved as distributed.

TREASURER:

Beginning Balance April 1, 2020	\$5,574.16
Total Cash In	\$0.00
Cash Out	\$851.00 (return WSBC funding less \$149 registration)
Ending Balance April 30, 2020	\$4,723.16

OFFICE PHONE MESSAGES: Joan is moving to Colorado Springs. Lea B. is interested in volunteering to take any office phone messages. First name and telephone number will be on the website.

VICE CHAIR:

Sharathon report – received 137.00 (\$72 to Sharathon, \$65 to General Account)

Beginning Balance April 1, 2020	\$1,668.80
Total Cash In	\$72.00
Cash Out	\$0.00
Ending Balance April 30, 2020	\$1,740.80

28 people participated in Sharathon (25 from KS, 3 from ND) via ZOOM meeting. Speakers were Sarah H., Stephanie N., and Lee Ann Y.

Kansas Day report – no recent contact w/ Kansas City, waiting on something from Topeka group.

LITERATURE: New literature books ordered for workshop.

PUBLIC OUTREACH CHAIR: Discussed promoting web address during COVID-19, in process of formulating ideas to present at the next meeting.

COMMUNICATIONS CHAIR/PILOT:

Pilot working well, people are getting online and reading. Events are constantly being updated. The 1:30 group is putting on Workshop, starting Saturday (face-to-face at Mt. Vernon United Methodist, telephone, and Zoom). Contact Stephanie N., Muriel, or Lee Ann if interested in doing step study.

Lee Ann will contact Lee Media re: website changes once school lets out in a couple of weeks.

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### WSBC DELEGATE:

World Service came and went, took 3 weeks, done through email. Two major things were to question and vote on trustees for next year, and also questioned and voted on four new pieces of literature (all pamphlets). Pamphlets that WSBC gave the seal of approval to: Introducing Overeaters Anonymous and Compulsive Overeating: An Inside View, which replaces Questions and Answers, A Program of Recovery; Temporary Sponsors: Newcomers' First Twelve Days; To the Young Person, which replaces To the Teen; and A Lifetime of Abstinence, which replaces Before You Take That First Compulsive Bite, Remember. Lee Ann advised WSBC will have a committee for Bylaws starting next week.

### REGION 4 REPRESENTATIVES:

No report.

OLD BUSINESS: Progress continuing on the Service Manual updates. Discussed being square on payments for Mt. Vernon space. Planning committee voted to cancel Region 4 Convention in Omaha due to economic reasons. May consider a shortened Zoom meeting. The T-shirts and hoodies are generic, will be used as a fundraising item, working on shipping costs.

### NEW BUSINESS:

New meeting (Ashland, KS), small meeting, waiting to list. Discussed meeting changes. Monday 10 am (face-to-face), Monday 7:30 pm (telephone), Wed BB 5:30 pm (telephone), Thursday 5:45pm (face-to-face), Saturday 9:30am (telephone), Saturday 1:30pm (face-to-face). Need to update Lee Ann/Barb if meetings go back to face-to-face. Officer/committee chair positions open for election in August 2020. Officers agreed to 2<sup>nd</sup> terms include Muriel (Vice-Chair), Stephanie T (Secretary), Stephanie N (Literature). Need new volunteer for Communications Chair and Region 4 Rep.

### ANNOUNCEMENTS:

Region 4 Outreach call is July 14, 2020 at 7:00 pm; dial in 712-451-1080 Passcode 762802 (for anyone wanting to know more about outreach in Region 4). Region 4 2020 Convention, July 10-12, 2020, Omaha, NE – in process of being cancelled. T-shirt hoodie will continue as a fundraiser. Look for 7<sup>th</sup> tradition info for Direct Donations flyer on oawichita.org. Aug 20 – 22, 2020 WSO Convention, Orlando, FL. Next one is 2025! Go to [www.oa.org](http://www.oa.org) and see their all new website. Pass this on at your groups. Connect with their email blast to be updated on new literature, podcasts, events, issues at the international level.

Adjourned at 6:55 p.m.

Next meeting June 9, 2020 at 6:00 pm.