

## Mid-Continent Intergroup Minutes

August 11, 2020

The August 11, 2020 meeting of the Mid-Continent Intergroup was opened with the Serenity Prayer at 6:00 pm via conference call.

ATTENDANCE: Stephanie T (Secretary), Barb H (Chair), Laura (10 am Monday), Lee Ann (Communications/WSO Delegate), Judy (Saturday 1:30), Donna C (Treasurer), Ginny (Immediate Past Chair), Lovina (Region Rep), Stephanie N. (Literature), Marilyn (Parliamentarian), Muriel (Vice-Chair), Mary B (Region Rep)

PARLIMENTARIAN: Quorum met.

RECORDING SECRETARY: The regular July 14th, 2020 meeting minutes were approved as distributed.

TREASURER:

Beginning Balance: July 1, 2020	\$5,388.16
Total Cash In	\$679.80
Cash Out	\$0.00
Ending Balance July 31, 2020	\$6,067.96

OFFICE PHONE MESSAGES: No phone messages in July.

SITE COMMITTEE REPORT – The Site continues to evaluate re-opening. Our IG office is still unavailable for meetings at this time.

VICE CHAIR:

Kansas Day report – September 12<sup>th</sup> virtual meeting 9 am – 12 noon. Speakers and discussion. Flyer is available and was sent to IG this morning. \$5.00 registration fee.

\$3 bank fee was refunded. Sharathon balance is now \$1740.80.

LITERATURE:

Beginning Balance July 1st, 2020	\$719.48
Total Cash In	\$266.05
Cash Out	\$134.40
Ending Balance July 31st	\$851.13

New book available – Body Image, Relationships, and Sexuality: Personal Journeys to Recovery in Overeaters Anonymous \$13.

**PUBLIC OUTREACH CHAIR:** Sharon has been participating in Region IV quarterly outreach call. Catholic Advance willing to run story about OA, goes to 10K homes in Wichita area. Sharon has looked at possibility of billboard \$500 for 4 weeks and advertising on public transportation buses, has attempted to reach The Wichita Eagle and can't reach a live person, and has looked at bootstrap work with pamphlets to counselors and physicians and reaching out to minority groups. Lee Ann commented that most people find us online, we need these other types of outreach to reach more people. Marilyn commented these other types of outreach can bring more people to our website.

**IG COMMUNICATIONS CHAIR/PILOT:** Update hasn't been made to Pilot lead article from July. Barb said she thought the changes have been made, but she will verify and update. Due to Susan's illness, old news items still appear, but she should be able to update them soon.

**WSBC DELEGATE:**

Working on subcommittees, in next month will be requesting money to go to World Service next year. Discussed amount in treasury and that last WSBC was \$900 (going by car) and possibility of sending additional money to Reg IV or WSO or funding WSBC ourselves. Tabled discussion of finances to next month.

**REGION IV REPS:** Mary B. has relinquished her position of Region Rep. Please ask at your group meeting if someone is willing to be Region Rep for Mary's final year of her 2<sup>nd</sup> term. Fall Assembly will be virtual and Spring Assembly will be in Wichita if not virtual. Lovina agreed to another term. Region IV Fall virtual assembly is October 2-3 and will be open to all region reps and OA members who would like to attend. No cost for event.

**SPRING ASSEMBLY 2021 COMMITTEE:** Three appointments have been set up to tour hotels (Marriott/Springhill Suites, Drury Plaza, Windham Gardens). Assembly is April 2<sup>nd</sup> and 3<sup>rd</sup>. Will discuss cancellation policy in regards to COVID-19 and other factors like amenities, # of rooms, etc. and bring recommendation to next IG meeting. Anyone willing to help on this committee, please contact Ginny.

**OLD BUSINESS:** Region IV board accepted Wichita's offer to host Spring Assembly 2021. Contact the committee for service opportunities. No updated service manuals information has been received. All service charges to the bank statements have been reversed.

**NEW BUSINESS:** Installation of Lovina to Region Rep. We need an additional Region Rep, Literature Chair, and Communications Chair. Discussed \$6K in general account and \$3K in prudent reserve, \$1700 in Sharathon, and \$800 in Literature account. \$1000 is committed to Website. \$350 is committed to Public Outreach. Discussed problem with bank accounts, Chair is currently signor on 3 accounts General, Prudent Reserve, Literature but not signor on Sharathon account. Tabled issues to next month. Chair attended Region IV IG chat, which had 14 attendees. Region 4 wants to know what the intergroups need from them and they want to be the Hub, the go to for information. Flyer will be sent out as soon as next meeting day/time is arranged.

**ANNOUNCEMENTS:** El Dorado is hosting their BBQ on Sept 3 at the East Park. Bring own lawn chair. Catered. Region 4 Fall Assembly will be virtual October 2, 7 pm – October 3, 5 pm.

Region 4 Outreach call (for anyone wanting to learn more about outreach being done in other intergroups in Region 4) Tuesday October 13, 6-7pm zoom meeting. Reach out to Sharon,

Lovina or Barb for the zoom invite email (flyer attached to IG email.). WSBC April 19-24, 2021, Albuquerque, NM. Temporary Sponsors: Newcomers First 12 Days PDF is on OA.org.

Meeting adjourned at 7:03 pm. The next meeting is September 8th, 2020.