

## OA Intergroup Meeting Minutes -- April 13, 2021

The April 13, 2021 meeting of the Mid-Continent Intergroup was opened with the Serenity Prayer at 6:03 pm via conference call.

ATTENDANCE: Barb H. (Chair), Stephanie T. (Secretary), Ginny Y. (Public Outreach), Lovina (Region Rep), Donna C. (Treasurer), Marilyn (Parliamentarian), Lovina (Region Rep), Kirsten W. (Communication Chair), Bertie (WSBC Delegate), Laura L. (Monday 10 am), Judy D. (Saturday 1:30 pm), Muriel W. (Vice-Chair), Stephanie N. (Literature), Mary R. (Region Rep).

PARLIMENTARIAN: Quorum met.

RECORDING SECRETARY: The regular March 9, 2021 meeting minutes were approved as posted online.

OFFICE PHONE MESSAGES: No phone messages for March.

TREASURER:

Beginning Balance: March 1, 2021	\$6,954.12
Total Cash In	\$2,359.54
Cash Out	\$2,214.54
Ending Balance March 31, 2021	\$7,099.12
Prudent Reserve Balance:	\$2,929.87

SHARATHON:

Beginning Balance: March 1, 2021	\$1,710.75
Total Cash In	\$0.00
Cash Out	\$0.00
Ending Balance March 31, 2021	\$1,710.75

SITE COMMITTEE REPORT: Monday 10 am and Saturday 9:30 am have been moved to the parlor. Enter church through west parking lot and go down the hall.

SPRING ASSEMBLY:

VICE CHAIR: Sharathon event in April. Please keep building clean/tidy so we get deposit back. Ginny has received 16 in-person registrations. Update your group meeting members about the Sharathon report and talk up Sharathon. Muriel mentioned historically there have been same-day registrations.

Reg 4 chair and trustee wish to be our speaker at KS Day. They would provide a workshop and share their ESH. Region has reached out to all three intergroups about the possibility of doing this and to the Greater Ozarks intergroup also. We are waiting on KC to see if Emporia State will allow us to have the event there on September 11, 2021. If that does not work, MCIG may work to see if we can host a F-to-F event here in the Wichita area and invite the other intergroups.

LITERATURE:

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Beginning Balance March 1, 2021	\$672.27
Total Cash In	\$72.00
Cash Out	\$0.00
Ending Balance March 31, 2021	\$744.27

Stephanie N. will bring a variety of literature to the Sharathon.

### PUBLIC OUTREACH CHAIR:

Public Outreach is looking at getting removable stickers made for their cars with website information. Mary Beth is working on design. Also looking at Health Fair/Professional Outreach with packets, will order literature for health fairs, meetings, bulletin board cards, introductory pamphlets, etc. Estimated cost \$55.20 (shipping included). Mary B. to contact Hunter Health/Guadalupe Clinic to ask to set up literature table and ask non-profits such as United Way, Comcare, etc. to post link to our website. Region 4 Quarterly Outreach Zoom Meeting 7-8 PM Tuesday.

IG COMMUNICATIONS CHAIR: Meeting with Lee Media for website training. Discussed issues with accessing sections of website. Kirsten added bylaws to website.

WSBC DELEGATE: WSBC will be April 21-24 virtually. Bertie is our delegate. Bertie has mentor with Reg 4 that has been helping her.

REGION IV REPS: Lovina/Mary R. attended Spring Assembly via Zoom. Revision in assembly minutes to include banking purposes last name can be used. \$46K balance. \$40K needs to be used. Convention to celebrate community will be in Omaha. Tentative dates July 15-17th or 22-24th in 2022. Early registration \$40 late \$50. Spring Assembly 2022 needs a host. Outreach working on guidelines for sponsorship and Saturday's Zoom meetings. Ways & Means working on scholarship outreach. Discussed need to create an ad hoc committee for Region 4 website to make it more useful and compatible with our website to reach young people with links to WSO and make it more up-to-date. Vice Chair is retiring, Treasurer/Secretary remaining on. 7 new Reg 4 reps at Assembly. Do we need Zoom power? Make a wish list for IG. Inaccurate meeting numbers need to be updated. Fall assembly will be F-to-F, Reg 4 can assist with scholarship funds. Mary R. sent Sharathon flyer to Reg4 Website.

### OLD BUSINESS:

June 8th IG meeting will be held virtually, using the Region 4's Zoom account. Mary C (Region 4 Chair) and Meg (Region 4 Trustee) will attend/speak during meeting.

### NEW BUSINESS:

Kirsten G. has agreed to accept Communication Chair position through 09/30/22. Discussed open positions that will need to be filled by the August election date including Chair, Treasurer, Region 4 Rep (6 mo. abstinence required), WSBC Delegate (1 year abstinence/2 years of service beyond group level required). Marilyn F. will continue as Parliamentarian, Ginny will continue as Public Outreach, Mary R. has agreed to run for her 1<sup>st</sup> term as Reg 4 Rep, after fulfilling an unexpired term.

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### ANNOUCEMENTS:

Reg 4 OAR meeting, April 13, 2021 at 7pm – 8PM Central time (oaregion4.org)

Unity IG zoom workshop: Communicating with a Higher Power: Prayer, Meditation, and Journaling through the Steps. Saturday April 17, 2021 9am – 3pm (CT) (oaregion4.org)

R4 Community Conversations 3rd Sunday of each month via zoom 4-5pm  
(<https://oaregion4.org>) Sunday April 18, 2021 New Zoom link at oaregion4.org.

SHARATHON: Growing in faith and trust April 24, 2021 9am – 3pm, (OAwichita.org)

Recovery During COVID-19: Physically Distant But Socially Connected. Sunday, April 25, 2021; 3pm to 5 pm (CT) (oaregion4.org)

“It Works, It Really Does” 2021 Virtual Day of OA, May 15 th 9am – 3:30 pm CDT  
(oaregion4.org)

WSO – Instagram account, another way to connect: Look up “overeatersanonymous\_official”

2021 World Service Convention, Orlando FL August 26-28, 2021, see  
<https://oa.org/world-service-convention/> or email [conventioninfo@oa.org](mailto:conventioninfo@oa.org).

Adjourned meeting at 7:00 pm. The next meeting 6 p.m. May 11, 2021.