

OA Intergroup Meeting Minutes -- May 11, 2021

The May 11, 2021 meeting of the Mid-Continent Intergroup was opened with the Serenity Prayer at 6:02 pm via conference call.

ATTENDANCE: Barb H. (Chair), Stephanie T. (Secretary), Laura L. (Monday 10 am), Bertie (WSBC Delegate), Marilyn (Parliamentarian), Ginny Y. (Public Outreach), Donna C. (Treasurer), Judy D. (Saturday 1:30 pm), Kirsten W. (Communication Chair), Mary R. (Region Rep), Russell (ElDorado Rep), Stephanie N. (Literature)

PARLIMENTARIAN: Quorum met.

RECORDING SECRETARY: The regular April 12, 2021 meeting minutes were approved as posted online.

OFFICE PHONE MESSAGES: No phone messages for April.

TREASURER:

Beginning Balance: April 1, 2021 \$7,099.12

Total Cash In \$358.00

Cash Out \$50.00

Ending Balance April 30, 2021 \$7,407.12

SHARATHON:

Beginning Balance: April 1, 2021 \$ no report

Total Cash In \$

Cash Out \$

Ending Balance April 30, 2021 \$

SITE COMMITTEE REPORT: No report

VICE CHAIR: Sharathon event was a success. Reg 4 Chair and Trustee wish to be speakers at KS Day. Barb emailed KC intergroup again on 5/6 to see if they had found out if Emporia State will allow us to meet there, and asked members to discuss whether people are willing to travel and have this face-to-face to gauge interest.

LITERATURE:

Beginning Balance April 1, 2021 \$744.27

Total Cash In \$129.50

Cash Out \$172.40

Ending Balance April 30, 2021 \$701.37

PUBLIC OUTREACH CHAIR: Mary Beth has designed stickers/bookmarks to have printed. Public outreach/professional outreach literature was purchased, and Ginny purchased label paper to print contact information to put on literature. Mary Beth is looking at how to get OA

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information on United Way website. Reg 4 quarterly outreach Zoom meeting, Barb/Ginny were unable to get logged in, will try again next quarter.

IG COMMUNICATIONS CHAIR: Kirsten asked for update to our Google Map, it's under review. Training coming up with Lee Media Group for SEO. Login button issue was corrected. Meeting list now has a print button but needs to be formatted to be more printer friendly.

WSBC DELEGATE: Larger turnout for virtual meeting. Dignity of Choice/Plan of Eating combine into one pamphlet. Voices of Recovery was updated. More inclusive verbiage adopted for those who undereat or binge. Motion to change preamble failed. Need for translators was discussed. Hybrid meetings and how to register w/ WSO was discussed. Bertie met with Reg 4 people several times throughout the week. Barb said that abstinence definition has been amended to closer to what was adopted prior to last WSBC meeting.

REGION IV REPS: Reg 4 has ad hoc committee, doing survey regarding website via Survey Monkey, will be rolled out to intergroups.

OLD BUSINESS: June 8th intergroup meeting will be held virtually, using the Region 4 zoom account. Mary C, Region 4 Chair, and Meg, Region 4 Trustee will be attending and speaking to us during the meeting. Zoom meeting invite will be sent before June 8th, please log in early. Elections in August per bylaws, with open positions of Chair, Treasurer, Reg Rep, and WSBC delegate. WSO annual appeal letter is out and all meetings are asked to read it at 3 consecutive meetings. Region 4 Secretary has been appointed and will run at end of this unfulfilled term.

NEW BUSINESS: The storage business that is holding IG tables/chairs and other office supplies is in the process of being sold. We will need to find another place to store these items or decide to sell them. We are encouraged to review/update our meeting list information on OA.org and oawichita.org. Please encourage a member of your local meeting to do so. Spring Assembly 2021 slated to be held in Wichita, had to be cancelled and was held virtually. Discussed IG hosting and decide whether to do virtual or face-to-face. MSP to hold Spring Assembly 2022 face-to-face in Wichita. Each officer/chair is responsible to write a short report about their position for inclusion in the Service Manual. Please include what you found difficult, wished you had known, want the next person to know. Send your report to Barb for inclusion in the service manual by June 30, 2021.

ANNOUNCEMENTS: MCIG June 8th, 2021 intergroup meeting will be by zoom and R4 chair and trustee will attend and speak. R4 Community Conversations 3rd Sunday of each month via zoom 4-5pm (<https://oaregion4.org>) Sunday May 16, 2021 New Zoom link at oaregion4.org. "It Works, It Really Does" 2021 Virtual Day of OA, May 15th 9am – 3:30 pm CDT (oaregion4.org) WSO – Instagram account, another way to connect: Look up "overeatersanonymous_official" 2021 World Service Convention, Orlando FL August 26-28, 2021, Early registration ends June 11, 2021. See <https://oa.org/world-service-convention/> or email conventioninfo@oa.org.

TAKE AWAY: Let your group meeting members know about the discussion held about the Ks Day workshop and ask if they are willing to travel. Let your group meeting members know about the Public Outreach report and the Website report. Invite people to participate in the June 8th zoom intergroup meeting where the R4 chair and trustee will take part. Encourage participation beyond the group meeting level. Start asking members to serve in the open positions. This is

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done best by direct request, not just an announcement at your group meetings. We are requested to read the OA annual appeal letter at 3 consecutive home group meetings. Find at oa.org.

MSP to adjourn at 6:49 pm. Next meeting 6 p.m. June 8, 2021. This meeting will be via Zoom and our Reg 4 Chair and Trustee will be present and visit with us.