

Sept. 2023 Mid-Continent Intergroup - Sept. 12, 2023

The September 12, 2023 meeting of the Mid-Continent Intergroup was opened with the Serenity Prayer at 6:00 pm via Zoom and in person at Mt. Vernon UMC.

ATTENDANCE: Lee Ann Y (President), Mary B (V Chair), Cyndy C (Secretary), Melissa O (Treasurer), Marilyn F (Parliamentarian), Ginny (Pub. Outreach) Laura L (Mon. AM Rep.), Bertie (Mon. PM Rep.), Barbara H. (Sat. AM Rep)

PARLIAMENTARIAN: We did have a quorum.

RECORDING SECRETARY: No August minutes at this time.

TREASURER:

Mid-Continent Intergroup Inc.

Treasurer Report - August 2023

Beginning Balance August 1, 2023 (From 7/31/2023) \$ 8,729.60

Deposits - August

Wichita, Mon AM (8/2/2023) 30.00

Wichita, BB (8/2/2023) 33.00

Wichita, BB (8/2/2023) 70.00 from June

Wichita, Mon AM (8/31/2023) 30.00

Wichita, Sat AM (8/31/2023) 40.00

Wichita, Sat PM (8/31/2023) 50.00

Wichita, Sat PM (8/31/2023) 140.00

Wichita, Sat WorkShop (8/31/2023) 60.00

Total Receipts 453.00

Disbursements - August, 2023

Ck. 1044 - MVUMC - Room donation 50.00

Ck. 1041 - Mary Beth H - Newcomer Packets 596.00

Ck. 1043 - Mary Beth H - Journals 550.00

Total Expenses 1,196.00

Total decrease For Aug, 2023 (743.00)

General Checking Ending Balance August 30, 2023 \$ 7,986.60

Prudent Reserve ending balance June 30, 2022 2,932.97

VICE CHAIR - (Mary B)

Vice Chair Report September 12, 2023

Kansas Day 2023

Previous treasurer emptied the account and closed the account. Then she sent the money through Venmo to Kristen's account.

Kansas Day 2023 collected \$360.00 from all registration.

Room cost \$175.00

Coffee still needs to be paid.

There were 27 people in attendance and Meg M. led the workshop. It was a wonderful experience as the topic was Recommitting to Recovery and involved work on the 12 steps.

It was suggested during the group conscience that we ask her to come back next year for another workshop. We do have quite a bit of extra money.

I asked earlier at lunch how Sunflower and the Greater KS City Area felt about joining another Region. They had not even really discussed this as all in their intergroup but will attend the assembly that addressed it. Ks City did say they liked the idea of being part of a region with Chicago.

LITERATURE: (Mary Beth H)

Literature Chair Report August
2023

Beginning Balance as of August 1 \$343.64

Deposits

Cash Deposit August 11 \$91.00

Cash Deposit August 11 \$596.00

Total Increase \$687.00

Expenses

OA Bookstore Order August 22 \$248.40

Total Expenses \$248.40

Net Increase/Decreases \$438.60

Ending Balance as of August 31 \$782.24

Region 4 Representative (William)

No report

WSBC DELEGATE:

No report.

COMMITTEE REPORTS

PUBLIC OUTREACH CHAIR (GINNY F)

Mid-Continent Intergroup Public Outreach Committee

9/12/23 IG Meeting

- Cumulative Expenses:

Date	Item	Vendor	Item Total
April '21	PO Materials (Literature & Posters)	WSO	\$55.20
May '21	Labels	Office Max	\$ 51.57
Jun '21	Bookmarks	Quick Print	\$ 73.10
Jun '21	Stickers	Signs Now	\$ 148.22
Jun '21	Professional Outreach Packets	WSO	\$ 120.08
Aug' 21	Postage - Barb H.	UPS Store	\$ 5.54
Aug '21	PO Materials (Literature & Posters)	WSO	\$ 55.80
Sep '21	3 Sign Holders & Literatue Holder	Office Max	\$ 35.54
Oct '21	Professional Outreach Packets	WSO	\$ 119.36
Oct '21	Return Address Sized Labels	Office Max	\$ 17.19
Oct '21	Rolling Cart	Office Max	\$ 34.93
Aug '21	PO Materials (Literature & Posters)	WSO	\$ 54.60
Oct '21	Live Well with Diabetes Health Fair	Great Plains Diabetes	\$ 75.00
Feb '22	PO Materials (Literature)	WSO	\$ 100.68
Mar '22	Hutchinson Family Health Fair	Soroptomist International of Hutchinson	\$ 55.00
Sep '22	Live Well with Diabetes Health Fair	Great Plains Diabetes	\$ 75.00
Oct '22	PO Materials (Literature)	WSO	\$ 40.80
Oct '22	Vinyl & Labor for Printing Logo & Name on Table Cloth	Lindsey McCartney	\$ 65.00
Jan. '23	Bookmarks	Quick Print	\$ 52.39
Feb '23	PO Materials (Literature)	WSO	\$ 95.40
Feb '23	PO Materials (Literature)	WSO	\$ 23.75
Mar '23	Labels & Clips	Office Max	\$ 37.17
May '23	Professional Outreach Packets	WSO	\$ 115.25

TOTAL CUMULATIVE EXPENSES: \$1,506.57

INITIAL BUDGET: \$ 1,000.00

ADDITIONAL BUDGET - Approved in Oct. '21 Mtg.: \$ 1,000.00

ADDITIONAL BUDGET Approved in Aug. '23 Mtg.: \$ 2,000.00

AMOUNT REMAINING FROM ADDL. BUDGET: \$ 2,493.43

Expected Cost of 10-week radio ad campaign on The Buzz: \$ 2,350.00

AMOUNT REMAINING after radio campaign is paid \$ 143.43

- Action Item Update:
 - Radio Advertisements:
 - The committee chose 105.3 The Buzz as the radio station on which we'll air a 30-second commercial.
 - The Buzz was one of the most cost-effective radio stations we looked at.
 - It will still reach a large audience (>51K monthly), with a significant female audience, aged 25-54.
 - The cost for a 10-week radio campaign will be \$2,350.
 - We will get 25 commercials per week, spread over 7 days.
 - We will run the ad the first 4 weeks of January, then go 2 weeks on, one week off, until the week of March 25th, 2023.
 - The committee met to brainstorm what the 30-second ad should say, taking pieces from existing ads on oa.org and adding additional statements.
 - We are working with Audacy (the company that owns The Buzz) to determine how best to create the ad. The hope is to get the ad created by the end of the month, before the current committee chair's term ends.
 - The Intergroup needs to decide whether to sign up for the Great Plains Diabetes Live Well with Diabetes Health Fair on Saturday, November 4th from 8 am–12:30 pm at The Wichita State Metroplex, 5015 E 29th St N. The cost for a booth is \$75.
 - We have sufficient quantities of pamphlets, bookmarks, etc. So we won't need to order more for a while.
 - Another upcoming event is the WSU Wellness Expo, which is usually held in late February or early March.
 - The use of the OA logo on our booth will need to be renewed before February 13th, 2024.
 - The committee is still looking for a new committee chair.

AD HOC NEWCOMER CHAIR: MARY B

The only thing I have to mention is that when our Radio Advertisement occurs in December I would like to have a newcomers meeting in place. I learned that Ks. City is holding a weekly newcomers meeting via Zoom weekly.

I plan on attending that to see how it works for them. Perhaps we can do something similar.

OA REALIGNMENT COMMITTEE: LEE ANN Y

Due to the dissolution of Region 4, I set up a new committee at the last Intergroup Board Meeting. The 1st meeting of the ad hoc Realignment Committee will be tomorrow night (Aug 22nd) from 6:00 to 6:30 PM. Any member of the Midcontinent Intergroup (i.e., you) may join this committee at any time. The temporary committee's purpose is to research various Regions, figuring out the process Midcontinent needs for changing Regions and reporting back to the Board. This committee will also be responsible for communication to Midcontinent's Fellowship and other duties assigned by the Chair related to the Realignment.

Currently it is scheduled to meet every month 2 weeks after the Board Meeting. When necessary, we might meet more often, longer or use a hybrid meeting. If we meet in person it will be at the Mt. Vernon Church

OFFICE PHONE MESSAGES: No report**WEBSITE/COMMUNICATION CHAIR:**

- We do not have a chair at this time.

UNFINISHED BUSINESS: None**New Business:**

The Public Outreach position is vacant at this time. Until we find someone to fill this position we may have to split things up among the board. Areas that may need to be covered are radio, Great Plains Diabetes booth, and WSU booth.

6:54PM. We closed with the OA Promise. The next meeting will be at 6:00 PM, on October 10, 2023, via Zoom and in person at the Mount Vernon Methodist Church.

Submitted,
Cyndy C. Secretary

