

February 2023 Mid-Continent Intergroup – February 21, 2023

The February 21st meeting of the Mid-Continent Intergroup was opened with the Serenity Prayer at 6:01 pm via Zoom.

ATTENDANCE:

Lee Ann Y (Chair), Mary B (V Chair), Cyndy C (Secretary), Melissa O (Treasurer), Ginny F (Public Outreach), Mary Beth H (Literature), Judy D (Sat. PM), Laura L (Mon. AM), William W. (Reg. 4 rep), Meg M (Reg. 4 Trustee), Annette P (Reg. 4 Chair)

Parliamentarian: We did have quorum.

RECORDING SECRETARY: The regular January 2023 has a correction to be made to the minutes. Mary B stated the dollar amount for the Sharathon needs to be changed from \$400.00 to \$200.00. Correction was made.

TREASURER: The report is accepted as presented and posted online.

Beginning Balance December 2022	\$9,138.17
Deposits	\$401.00
Expenses	\$50.00
Total Increase for December 2022	\$351.00
General Checking Ending Balance December 31, 2022	\$9,489.17
Prudent Reserve	\$2,932.38

VICE CHAIR – (Mary B)

- February Sharathon Report
- I have made an initial contact with a speaker for Sharathon, and will solidify plans hopefully by the end of February as to who the speaker will be and the cost of flight if appropriate. After more discussion with the speaker I will have a better idea of the topic. I would like to have the morning for the guest speaker, followed by a workshop in which the speaker can spend an hour or so. This will be followed by time with The Pilot and any other ideas we may come up with.
- Friday night, I am starting to look at different restaurants that will have healthy food options for those who are interested in maintaining their abstinence. A few ideas are steak houses, Jason's Deli, any other suggestions?

- Location: I have found a new room at Newman University which will still cost the same amount as the first. \$200.00 -40.00 for the discounted rate of \$160.00. This room holds 90 people and has ample room for all books and auction items.
- I just received the check book and materials from the previous Sharathon this week. I did not get any notes from Kansas Day.
- Even though we may seem like we are not moving forward at a quick pace,
- I am confident that this Sharathon will move forward timely and smoothly. It is my utmost desire to make this Sharathon invigorating and inspiring. My focus is on getting as many members attending as possible. I want to focus especially on those who have not attended in many years or ever before.
- Any assistance would be welcome especially as we get closer to the event date.

Beginning Balance September 1, 2022	\$1,897.00
Deposits	\$0.00
Expenses	\$0.00

New Comers Ad Hoc Meeting Report

- After the second meeting the committee decided to make a few changes. The committee had wonderful ideas that led to some solid ideas that we all can implement in our meetings, even our phone meetings.
- The Ad Hoc Committee determined that the Welcoming Packet could include the following keeping in mind the expense of each packet.

Welcoming Packet for new members:

- Twelve Freedoms pamphlet
- Where Do I Start? pamphlet
- Think First card
- Lifeline letter pdf.
- OA cares sheet with addresses of meetings pdf.
- Each meeting place will receive:
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- Newcomers Meetings: A leader's Kit pdf.
- Guidelines for Membership Retention pdf.
- These are both documents found on OA.org website.

Beginning Balance September 1, 2022	\$1,897.00
Deposits	\$0.00
Expenses	\$0.00
Ending Balance	\$1,897.00

REGION 4 REPRESENTATIVES: William

Figures for travel to the Spring Assembly

Region 4 Spring Assembly Budget

Total

HOTEL 104 2 208

Tax (5%) 5.2 10.4

Total 218.4

MEALS (gsa.gov)

Fri 48

Saturday 64

Sunday 48

Total 160

MILEAGE (RT)

IRS standard (65.5) 782 0.655 \$ 512.21 \$ 890.61

Kansas / private vehicle (58.5) 782 0.585 \$ 457.47 \$ 835.87

Charitable Organizations (.14) 782 0.14 \$ 109.48 \$ 487.88

Ginny made a motion to reimburse William up to \$1,000 for expenses.

A second was made by Melissa O.

William will keep his receipts if more money is needed.

It was voted on and approved.

WSBC DELEGATE:

No report. We do not have a WSBC Delegate at this time.

LITERATURE: (Mary Beth H)

Beginning Balance as of December 1, 2022	\$640.09
Deposits	\$0
Expenses	\$0
Net Decrease	\$0
Ending Balance as of December 31,2022	\$640.09

PUBLIC OUTREACH CHAIR: Ginny F.

Mid-Continent Intergroup Public Outreach Committee

2/21/23 IG Meeting

- Cumulative Expenses:

Date	Item	Vendor	Item Total
April '21	PO Materials (Literature & Posters)	WSO	\$55.20
May '21	Labels	Office Max	\$ 51.57
Jun '21	Bookmarks	Quick Print	\$ 73.10
Jun '21	Stickers	Signs Now	\$ 148.22
Jun '21	Professional Outreach Packets	WSO	\$ 120.08
Aug' 21	Postage - Barb H.	UPS Store	\$ 5.54
Aug '21	PO Materials (Literature & Posters)	WSO	\$ 55.80
Sep '21	3 Sign Holders & Literatue Holder	Office Max	\$ 35.54
Oct '21	Professional Outreach Packets	WSO	\$ 119.36
Oct '21	Return Address Sized Labels	Office Max	\$ 17.19
Oct '21	Rolling Cart	Office Max	\$ 34.93
Aug '21	PO Materials (Literature & Posters)	WSO	\$ 54.60
Oct '21	Live Well with Diabetes Health Fair	Great Plains Diabetes	\$ 75.00
Feb '22	PO Materials (Literature)	WSO	\$ 100.68
Mar '22	Hutchinson Family Health Fair	Soroptomist International of Hutchinson	\$ 55.00
Sep '22	Live Well with Diabetes Health Fair	Great Plains Diabetes	\$ 75.00
Oct '22	PO Materials (Literature)	WSO	\$ 40.80
Oct '22	Vinyl & Labor for Printing Logo & Name on Table Cloth	Lindsey McCartney	\$ 65.00
Jan. '23	Bookmarks	Quick Print	\$ 52.39
Feb '23	PO Materials (Literature)	WSO	\$ 95.40

TOTAL CUMULATIVE EXPENSES: \$1,330.40

TOTAL INITIAL BUDGET: \$ 1,000.00

AMOUNT REMAINING FROM INITIAL BUDGET: \$ -

TOTAL ADDITIONAL BUDGET (Approved in Oct. '21 Mtg.): \$ 1,000.00

AMOUNT REMAINING FROM ADDL BUDGET: \$ 669.60

- Action Item Update: .
 - Wichita State University Wellness Expo will be Wednesday, **March 1st**, at the Heskett Center on the WSU campus from **11 AM to 1 PM**. We are looking for one more volunteer to man the booth at the event
 - Ordered more literature for the upcoming WSU Wellness Expo.

- Submitted application for 50 reduced-price Professional Presentation Packets to the Region 4 Trustee.
- Radio Advertisements on KMUW Wichita Public Radio.
 - Made contact with KMUW and received pricing information. Committee will need to have further discussion prior to making a decision.
 - Committee discussed the following ideas to prepare for the ad campaign:
 - Inform the meetings of the ad campaign after the Newcomers Ad Hoc committee publishes their report.
 - Purchase newcomer packets/literature for the meetings (to be paid for by the PO Committee/Intergroup).
 - Ensure that all meeting information is up-to-date on the Intergroup & oa.org websites.
 - Make sure the meeting contacts & Leah know they may get more phone calls.
 - Some members discussed interest in starting another evening in-person meeting. Perhaps flag as "Newcomers Welcome" on the Intergroup & oa.org websites. Members will discuss more outside of the PO committee.

- **OFFICE PHONE MESSAGES: No report**

WEBSITE/COMMUNICATIONS CHAIR:

No report.

We are looking for a Chair for the upcoming 2 years. If you have any suggestions please let Lee Ann know.

UNFINISHED BUSINESS: None

NEW BUSINESS:

- We need to start recruiting candidates for Parliamentarian, Communications Chair, and WSBC Delegate. Also the current chair, treasurer, and Reg. 4 Rep will be standing for election.
- Meg and Annette spoke to us at the end of our meeting. They have been joining in with Reg. 4 Intergroups to see if they can spark some interest because people are not signing up to volunteer.
- Meg was jazzed about what our group is doing.

Meeting adjourned at 6:57 PM. The next meeting will be at 6:00 PM, March 14, 2023, via Zoom and in person at the Mount Vernon Methodist Church.

Submitted

Cyndy  Secretary