

March 2023 Mid-Continent Intergroup – March 14th, 2023

The March 14th, 2023 meeting of the Mid-Continent Intergroup was opened with the Serenity Prayer at 6:00 pm via Zoom and in person at Mt. Vernon UMC.

ATTENDANCE:

Lee Ann Y (Chair), Mary B (V Chair), Cyndy C (Secretary), Melissa O (Treasurer), Ginny F (Public Outreach), Mary Beth H (Literature), Judy D (Sat. PM), Laura L (Mon. AM), William W. (Reg. 4 rep), Alisha, Antoinette, Marguerite

Parliamentarian: We did have quorum.

RECORDING SECRETARY: The regular February 21st, 2023 meeting minutes are accepted as posted online. Lee Ann, No corrections, approved as circulate.

TREASURER: The report is accepted as presented and posted online.

Beginning Balance February 1, 2023	\$ 9,489.17
Deposits	\$0
Expenses	\$397.15
Total Decrease for February 2023	\$397.15
General Checking Ending Balance February 28, 2023	\$9,092.02
Prudent Reserve	\$2,932.38

VICE CHAIR – (Mary B)

Sharathon Preparation Template
2023 Mary B Vice Chair

1. Vice chair **Reserve Sharathon room**
 - a. Do this in January
 - b. Newman U. was \$200.00 with 20% discount- \$160.00
 - c. Does the room provide everything we need - electronically, good access
2. Vice chair **Choose theme:**
 - a. Trust God, Clean House, Help Others
 - b. Speakers need to know this in advance

3. Vice chair and Mary Beth Create flier and distribution
 - a. Get someone to help with graphics and design.
 - b. Take intergroup meetings to distribute to meetings.
 - c. Put it on the website.
 - d. Email out the flier.
 - e. Contact Hutchinson, and outside meeting places. Concordia, Independence
4. Vice Chair and help Choose restaurant
 - a. Need a private room, abstinent food, good location,
 - b. RSVPs due 3 days ahead of time
 - c. with separate room for speaker, abstinent food available
 - d. Fix up room, arrange it, clean possibly, Get Help _____
 - e. Make a salad, tell people to bring salad dressings
 - f. Fuzzy's : 8 banquet tables and black t. Cloths, parking on side and back, 30 - 40 people attending Taco/fajita bar Contact person was Jayden
5. Vice chair and Intergroup Choose speakers
 - a. with abstinence, layout the day for the program
 - b. Use intergroup for ideas
 - c. Continue to follow up with speakers on topics etc.
6. Vice chair, Mary Beth and help Create program for the day
 - a. **Create the schedule then produce final copy with help**
7. Lee Ann _____ Zoom coordinator
 - a. Contact facility (NU) for connections available that day.
 - b. Find a volunteer for the day.
 - c. Abbi Timmermeyer will meet with Tech. person to learn microphone and Zoom And screen features, mobile speakers
 - d. Call when we get there to have doors opened at 7:00 a.m. 316-253-7580
8. Ginny and Barbara, Alicia and Melissa _____ Provide drinks for the day / lunch
 - a. Tea, Water, Coffee ? provide receipts Keurig
 - b. Creamer, sweetener, cups, cooler for ice, etc.
 - c. Set up and take down.
 - d. Can purchase gallons of water, tea and coffee pot needs to be provided
 - e. Can provide a restaurant list.
 - f. Newman has lunch 12-1 Brunch, salad bar, entree in the cafeteria
9. Laura L, Melissa, and Mary G Registration table w/ name tags, donation
 - a. **May need some change for donations**
 - b. Collect donations \$10.00 per person

- c. Get the list of preregistered students ahead of time.
 - d. Name tags and provide receipts
 - e. 2 volunteers
10. Vice chair **Flight and hotel for guest speaker**
- a. Find flight get reimbursed
 - b. Find hotel with good location, amenities, safety etc.
change hotel reservation to one night only
Holiday Inn at Rock and Central.
11. Ginny **Driver to pick up and drop off speaker at airport**
- a. Greg's Delta flight arrives at 4:19 Friday. Take him to the restaurant.
 - b. Greg's flight home is at 12:55 Saturday.
12. Mary Beth (NEED A SUB.) **OA books provided by Literature chair**
- a. Check ahead at least one month before if the Lit. chair has everything needed on order to distribute
 - b. Include packet information for newcomer packets at each meeting
13. Melissa and Bertie? **White elephants and raffle items**
- a. Leah has a box that she has given to Barb. They need small lunch bags, gift bags, signs, raffle tickets
 - b. Cost for raffle tickets are \$1 each or 6 for \$5.00
 - c. Provide change
 - d. Remind members to bring white elephant items MUST wrap ahead of time
 - e. Some meetings provide gift cards, literature, provide these suggestions to other meetings
 - f. Leah is stepping down and will help a new person.
14. Cyndy C **Contact person for Sharathon and Dinner**
- a. Take phone calls, answer questions,
 - b. Record the 3 lists
 - c. Dinner reservations, Sharathon in person, Sharathon Zoom
 - d. Get an email address for Zoom meetings.
15. Cyndy C Making signs for direction a. Putting them up outside

New Comers Ad Hoc Committee Report March 2023(Mary B)

The newcomers packet and Member retention packet has been edited several times. We are satisfied with the content of the material.

There are a few things left to do to be presented at the Sharathon in April.

1. We need to purchase the literature cards and pamphlets for the packets.

2. We need to determine if the packets will be provided for by the PO committee since the Ad Hoc committee is just temporary.

3. Who will be responsible for getting packets to the different meeting sites?

Upon working together we have discovered a few issues that will still arise. As I have been speaking to other meetings concerns have been raised leading us to ask these questions:

1. The committee wanted each group to establish a team for welcoming and continuing to contact newcomers.

2. The committee saw how new members may move to new meetings thus the original meeting group may lose contact with them

legging no one to know the existence of the newcomer.

3. Some meetings are designed to be more attractive to the newcomer. Should we make those meetings designated as newcomer meetings?

4. Should members of the ad hoc committee continue for a while to see how each group is doing with these new tasks?

Lee Ann stated this Ad Hoc Committee will fall under the Communications Committee

Cyndy C made a motion that \$500.00 be set aside for purchasing literature cards and pamphlets for the newcomers packet.

A second was made by Melissa O.

It was voted on and approved.

Region 4 Representative (William)

No Report

WSBC DELEGATE:

No report. We do not have a WSBC Delegate at this time.

LITERATURE: (Mary Beth H)

Beginning Balance as of February 1	\$640.09
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Deposits	\$0
Expenses	\$0
Net Decrease	\$0
Ending Balance as of December 31,2022	\$640.09

Mid-Continent Intergroup Public Outreach Committee

3/14/23 IG Meeting

- Cumulative Expenses:

Date	Item	Vendor	Item Total
April '21	PO Materials (Literature & Posters)	WSO	\$55.20
May '21	Labels	Office Max	\$ 51.57
Jun '21	Bookmarks	Quick Print	\$ 73.10
Jun '21	Stickers	Signs Now	\$ 148.22
Jun '21	Professional Outreach Packets	WSO	\$ 120.08
Aug' 21	Postage - Barb H.	UPS Store	\$ 5.54
Aug '21	PO Materials (Literature & Posters)	WSO	\$ 55.80
Sep '21	3 Sign Holders & Literatue Holder	Office Max	\$ 35.54
Oct '21	Professional Outreach Packets	WSO	\$ 119.36
Oct '21	Return Address Sized Labels	Office Max	\$ 17.19
Oct '21	Rolling Cart	Office Max	\$ 34.93
Aug '21	PO Materials (Literature & Posters)	WSO	\$ 54.60
Oct '21	Live Well with Diabetes Health Fair	Great Plains Diabetes	\$ 75.00
Feb '22	PO Materials (Literature)	WSO	\$ 100.68
Mar '22	Hutchinson Family Health Fair	Soroptomist International of Hutchinson	\$ 55.00
Sep '22	Live Well with Diabetes Health Fair	Great Plains Diabetes	\$ 75.00
Oct '22	PO Materials (Literature)	WSO	\$ 40.80
Oct '22	Vinyl & Labor for Printing Logo & Name on Table Cloth	Lindsey McCartney	\$ 65.00
Jan. '23	Bookmarks	Quick Print	\$ 52.39
Feb '23	PO Materials (Literature)	WSO	\$ 95.40
Feb '23	PO Materials (Literature)	WSO	\$ 23.75

TOTAL CUMULATIVE EXPENSES: \$1,354.15

TOTAL INITIAL BUDGET: \$1,000.00

AMOUNT REMAINING FROM INITIAL BUDGET: \$ -

TOTAL ADDITIONAL BUDGET (Approved in Oct. '21 Mtg.): \$1,000.00

AMOUNT REMAINING FROM ADDL. BUDGET: \$ 645.85

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- Action Item Update: .
 - Thank you to those who helped man the booth at the Wichita State University Wellness Expo on Wednesday, March 1st! We distributed 54 pieces of literature to students, medical professionals, & counselors.

- Application for 50 reduced-price Professional Presentation Packets was approved. Waiting for WSO to contact us to pay for the order.
- Radio Advertisements on KMWU Wichita Public Radio.
 - Determined that the on radio announcements will not align with the Traditions:
 - We would be considered a “sponsor” of KMWU.
 - They are required by the FCC to use the phrase “Support for KMWU comes from _____” in their support announcements, as they are a non-profit, donor-funded radio station.
 - Contacted the R4 Trustee, and she agreed that this would imply our endorsement of KMWU.
 - There is an option to purchase ad space on their website &/or app. They are not required to use the “Support comes from...” phrase in their digital media.
 - Committee will need to have further discussion prior to making a decision.

- **OFFICE PHONE MESSAGES: No report**

WEBSITE/COMMUNICATIONS CHAIR:

No report.

We are looking for a Chair for the upcoming 2 years. If you have any suggestions please let Lee Ann know.

UNFINISHED BUSINESS: None

NEW BUSINESS: None

Meeting adjourned at 7:00 PM. The next meeting will be at 6:00 PM, April 11, 2023, via Zoom and in person at the Mount Vernon Methodist Church.

Submitted

Cyndy , Secretary