

## **November 2022 Mid-Continent Intergroup – November 8,2022**

The November 8, 2022, meeting of the Mid-Continent Intergroup was opened with the Serenity Prayer at 6:00 pm via Zoom.

### **ATTENDANCE:**

Lee Ann Y (Chair), Mary B (V Chair), Cyndy (Secretary), Melissa O (Treasurer), Marilyn F (Parliamentarian), Ginny F (Public Outreach), Mary Beth H (Literature), Russell B (Thur. PM El Dorado), Laura L (Mon. AM)

Parliamentarian: We did have quorum.

RECORDING SECRETARY: The regular October meeting minutes are accepted as posted online. Lee Ann, No corrections, approved as circulate.

TREASURER: The report is accepted as presented and posted online.

|  |            |
|--|------------|
| Beginning Balance Sept. 1, 2022                  | \$8,689.97 |
| Deposits   | \$105.00   |
| Expenses   | \$125.00   |
| Total decrease for October 2022                  | (\$20.00)  |
| General Checking Ending Balance October 31, 2022 | \$8,669.97 |
| Prudent Reserve                                  | \$2,931.77 |

The new Vice Chair (Mary B) and the new Literature Chair (Mary Beth H) need to go to Fidelity Bank at Central and Andover Road to sign the signature card and be added to the account. The two other long term members that are on the account are Barb H and Laura L.

VICE CHAIR: Sharathon account: The report is accepted as presented and posted online

There was a discussion about changing the name from Sharathon Account to Special Events Account to encompass any special event such as a Fall Retreat. No vote was taken.

|                                   |            |
|-----------------------------------|------------|
| Beginning Balance October 1, 2022 | \$1,897.65 |
| Deposits                          | \$0.00     |
| Expenses                          | \$0.00     |
| Ending Balance                    | \$1,897.65 |

**REGION 4 REPRESENTATIVES:**

No report. Reg IV rep needed to attend the Assembly in the Spring (in person) on a one-time basis. It is a paid traveling commitment and an opportunity to find out if the person is interested in running for the office next fall.

**WSBC DELEGATE:**

No report. We do not have a WSBC Delegate at this time.

**LITERATURE:**

|   |          |
|---|----------|
| Beginning Balance as of October 1, 2022 | \$569.04 |
| Deposits(POS Rewards)                   | \$0.05   |
| Expenses                                | \$0      |
| Net Increase                            | \$0.05   |
| Ending Balance as of October 31, 2022   | \$569.09 |

**PUBLIC OUTREACH CHAIR:**

- Cumulative Expenses:

| Date      | Item  | Vendor                                  | Item Total |
|-----------|---|---|------------|
| April '21 | PO Materials ( Literature & Posters)                  | WSO                                     | \$ 55.20   |
| May '21   | Labels  | Office Max                              | \$ 51.57   |
| Jun '21   | Bookmarks   | Quick Print                             | \$ 73.10   |
| Jun '21   | Stickers  | Signs Now                               | \$ 148.22  |
| Jun '21   | Professional Outreach Packets                         | WSO                                     | \$ 120.08  |
| Aug '21   | Postage - Barb H.                                     | UPS Store                               | \$ 5.54    |
| Aug '21   | PO Materials ( Literature & Posters)                  | WSO                                     | \$ 55.80   |
| Sep '21   | 3 Sign Holders & Literature Holder                    | Office Max                              | \$ 35.54   |
| Oct '21   | Professional Outreach Packets                         | WSO                                     | \$ 119.36  |
| Oct '21   | Return Address Sized Labels                           | Office Max                              | \$ 17.19   |
| Oct '21   | Rolling Cart  | Office Max                              | \$ 34.93   |
| Aug '21   | PO Materials ( Literature & Posters)                  | WSO                                     | \$ 54.60   |
| Oct '21   | Live Well with Diabetes Health Fair                   | Great Plains Diabetes                   | \$ 75.00   |
| Feb '22   | PO Materials (Literature)                             | WSO                                     | \$ 100.68  |
| Mar '22   | Hutchinson Family Health Fair                         | Soroptimist International of Hutchinson | \$ 55.00   |
| Sep '22   | Live Well with Diabetes Health Fair                   | Great Plains Diabetes                   | \$ 75.00   |
| Oct '22   | PO Materials (Literature)                             | WSO                                     | \$ 40.80   |
| Oct. '22  | Vinyl & Labor for Printing Logo & Name on Table Cloth | Lindsey McCartney                       | \$ 65.00   |

**TOTAL CUMULATIVE EXPENSES: \$1,182.61**

**TOTAL INITIAL BUDGET: \$ 1,000.00**

**AMOUNT REMAINING FROM INITIAL BUDGET: \$ -**

**TOTAL ADDITIONAL BUDGET (Approved in Oct. '21 Mtg.): \$ 1,000.00**

**AMOUNT REMAINING FROM ADDL. BUDGET: \$ 817.39**

- Action Item Update:
  - 5 volunteers helped to staff our IG's booth at the Great Plains Diabetes "Live Well with Diabetes" health fair on Saturday, November 5th at the WSU Metroplex. We talked to quite a few attendees and healthcare professionals and distributed 126 pieces of literature & PO items (such as bookmarks and stickers)!

Thank you to the volunteers for your service! They shared that it was a fun and nourishing experience.

- The OA logo/emblem for the health fair table cloth was completed in time for the "Live Well with Diabetes" Health Fair. Here is a picture of our booth at the event:



We have plenty of vinyl left to use on another table cloth or perhaps for t-shirts (just an idea). The cost was \$40 for the vinyl roll and \$25 for labor.

- We will need to purchase more literature and also decide whether we want to have more bookmarks printed (we only have 25 left).
- I am planning on scheduling a PO committee meeting prior to Thanksgiving if possible.

#### OFFICE PHONE MESSAGES:

No phone messages.

#### WEBSITE/COMMUNICATIONS CHAIR:

We are looking for a Communications Chair for the upcoming 2 years. If you have any suggestions please let Lee Ann know.

#### AD HOC ATTRACTION NOT PROMOTION VIDEO: Chair (Lee Ann Y)

- i. The video is on Tic Tok. If you are on Tic Tok please follow us. Put us on your Facebook account or any other Social Media.

ii. The video can be viewed on OA Wichita website. It is under the Newcomer tab. There is a link for the video.

iii. We would like to thank Michell M and Mary Beth H for the work they did to get the video on Tic Tok.

iv. We are looking for people who want to do another video. We can teach you what to do and the account is already established.

AD HOC NEWCOMER COMMITTEE: Chair (Mary B)

i. The purpose of the committee is to have one person from each group to be the Newcomer Representative for their group. That person would reach out to the Newcomer and let them know what we are about and see if they have any questions. We want to be hospitable and keep them coming back.

ii. We would like to get at least one person/several from each group to volunteer for the committee to set up directions and guidelines for the Welcome Committee.

iii. The Ad Hoc Committee will meet in November and December by Zoom, phone, or in person. Talk this committee up in each of the meetings so we can have at least one person from each meeting to attend.

OLD BUSINESS:

None

NEW BUSINESS:

None.

ANNOUNCEMENTS:

No Intergroup meeting in December.

The meeting adjourned at 6:36 PM. The next meeting will be at 6:00 PM, January 10, 2023, via Zoom.

Submitted

Cyndy, Secretary