

Mid-Continent Intergroup Board Meeting Minutes
November 11, 2025

- I. Call to Order – Meeting was called to order at 6:01 pm.
 - a. Members present
 - i. Kristi, Chair
 - ii. Melissa, Vice Chair
 - iii. Barb, Region 3 Rep
 - iv. Jana, Secretary
 - v. Bertie, Parliamentarian
 - vi. Jason, Treasurer
 - vii. Stephanie, PO Chair
 - viii. Laura, Monday AM Rep
 - ix. Lee Ann, Saturday PM Rep
 - x. Linda, Newcomer Thurs Rep
 - xi. Marilyn, Communications Chair & WSBC Delegate
 - b. Quorum present
- II. Opening
 - a. Kristi resigned her position as chair.
 - b. Remarks from Vice Chair thanking Kristi for her service.
 - c. Is there business that needs to be added to the agenda? Barb added discussion of filling the position of Chair, updating the banking information, and discussion of committee to do the work for Sharathon under the V-Chair position.
- III. Minutes Of the Previous Meeting
 - a. There being no corrections, the minutes are approved as circulated.
- IV. Reports of the Officers
 - a. Treasurer– Jason, see report below
 - b. Vice-Chair– Melissa reported Ks Day ending balance \$359.56 and Sharathon is \$1420.13. She asked each home group to announce invitation for Sharathon Committee volunteers.
 - c. Literature–Barb reported of the Literature bank account. See report below.
 - d. Region Rep–Barb, See report below. She will follow up on video replays from conference to share.
 - e. Communications Chair –Marilyn, see website report below.

- f. WSBC Delegate–Marilyn-- no report. Barb said that Region 3 had additional questions about delegate funding that she answered and they will send to WSO.

V. Committee Reports

- a. Public Outreach– Stephanie, see report below.
- b. Bylaws and Service manual update committee– Barb reported they plan to meet on November 15 & 22nd.
- c. Ad Hoc Newcomers Packet – Linda, will send a report next month.

VI. Unfinished Business–

- a. E&O insurance– Barb, see report below.

VII. New Business–

Filling Intergroup vacancies and election:

- a. Filling the chair position: Motion to discuss filling the Chair position by Marilyn and Lee Ann 2nd it. Motion passed.

Barb asked all MCIG meeting reps to gather names for possible chair and report them to Melissa. Melissa will outreach to reps that were not in attendance.

- b. Updating the bank information: Due to Kristi’s resignation, the bank information will need to be updated.
 - i. Barb moved to accept Lee Ann as Interim Chair for banking purposes only. Stephanie 2nd. Motion passed.
 - ii. Old outstanding debit cards are now canceled. Jason currently has a debit card.
 - iii. Future debit card requests need to be approved by the MCIG board. Barb will update the intergroup board sign-in form to include who has a debit card.

VIII. Adjournment 6:50 PM

Signed Jana, Secretary

**Mid-Continent Intergroup Inc.
Treasurer Report For October 2025**

Beginning Balance October 1, 2025 (From Sept 30th, 2025) **\$9,792.34**

Deposits – October 2025

<u>Wichita, Monday AM</u>	\$30.00
Rewards	<u>\$.05</u>
Total Receipts	\$30.05

Disbursements – October 2025

Check 1125 – Melissa Owen-Reimbursement for Supplies	\$100.00
Check 1126 – MV Donations for Room	\$50.00
Check 1127- Barbara Hartness for OKC Assembly Reimbursement	\$325.53
Bank Card – Blue host – Website	<u>\$47.49</u>
Total Expenses	\$523.02

Total Decrease For October 2025 **\$492.97**

General Checking Ending Balance October 31, 2025 **\$9,299.37**

Prudent Reserve Ending Balance October 31, 2025 **\$2,886.32**

Report by Jason Marciano

LITERATURE CHECKING Acct Number: XXXX8976

Statement dated 10/31/2025

Beginning balance 09/30/2025 1351.98

Deposits:

Total	<u>0.00</u>
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Withdrawals:

Barb Hartness	2-VOR; 2-OA 12x12 (at assembly)	<u>-64.00</u>
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Ending balance 10/31/2025	<u><u>1287.98</u></u>
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Region Rep Report for November 2025 Intergroup Meeting

Fall Assembly started with meeting Laurie M from Sunflower Intergroup. She is young, vibrant, and went all in with her first session as Region Rep. She volunteered a lot. She interacted a lot! And, I became completely confident that we were a good match for roomies. That proved to be true.

Assembly is the business meeting of Region and it is a long, fully packed day. This year the chairs of all 11 OA Regions were invited to Region 3 Assembly and Convention. Five Region chairs participated in the Assembly and Convention as keynote speakers and by leading workshops. This made this year extra special.

MCIG had 8 individuals who participated in the Assembly and Convention.

The Power of We logo started in Colorado State Convention. Then a dream of holding a Tx State Convention happened and they got positive feedback about calling it The Power Of We. It shows a butterfly with hands as it's wings and indicates we are all a part of a puzzle of OA and together we fit. No 2 pieces are the same, and if any piece is missing the puzzle is incomplete. Each piece has a place in the puzzle. At the OA Convention in Florida, **The Power of We was chosen to be the theme for OA 2025-26**. Everyone can use this logo for any reason. It will be put on our website, but you can look at it by going to oaregion3.org and selecting Recordings. I have it on a book cover and a bag and love it.

Like everything, costs for Region work has risen and Region 3 is considering preparing an Appeal letter much like the WSO appeal letter, to boost its 7th tradition receipts. Effective Jan 1, 2025 the recommended split changed to 50/10/40. The groups should consider sending 50% to Intergroup, 10% to Region 3, and 40% to WSO. I will bring this to our Intergroup to see if we can increase our donations.

Region 3 has three committees and I am on the Ways, Means, & Finance. This year we worked hard to create a Region 3 10th Step journal that was based off of the old Region 4 journal. They were available at Assembly/Convention and are very nice. We have about 10 journals left, so I did not buy in bulk. We will buy in bulk at a future Assembly as they are lots cheaper that way. I've sent my copy with another member who attends lots of OA meeting to share it with as many as possible. As part of the election of new Chairs for the Region 4 committees, I was asked to serve as Co-chair of WMF for a 6-month term. Therefore, I am required to attend Spring Assembly in Dallas in person.

Marla, Chair of R3 states her vision for next year is to make sure all Chairs and RR's know what Region is all about, why Region is here, and what Region can do to help us. It will be important for our intergroup to spread this message to the group meeting level. Region 4 is made up of 22 intergroups and has 385 meetings. We cover a large area including Arizona, Colorado, Iowa, Kansas, Nebraska, Nevada, New Mexico, Oklahoma, South Dakota, Texas, and Utah.

Our Liaison Trustee is Cindy C (not the same Cindy C that served in Region 4) and she reported on World Service Convention, Conference Approved Literature, New Podcasts, PIPO resources, WSBC April 2026 and the monthly newsletter from WSO via email. I have sent these resources to the MCIG chairs that can use the information and will post some of it in the next email blast containing OA Today newsletter. Cindy encouraged us to support the Find a Meeting changes at oa.org, which will cost \$75,000. Our intergroup did send \$100. Your group may wish to donate some too: Go to oa.org/contribute /Specify "Find a Meeting Improvements." Contributions by mail are also welcome. Cindy also mentioned that there has been a new conference approved secular daily reader.

Our intergroup is to notify the Recording Secretary of new people in intergroup positions of Chair, Region Rep, and Treasurer. I have done this by email and cc'd the chair and treasurer.

The Convention started with a Grand Session Keynote speaker on Friday evening, the Chair of Region 2. You had to be there, but this one presentation made me totally feel "If he can do this, so can I." He included such jewels as "I just needed to be broken open" and "I don't have to obey my 1st instinct, I can Pause-Pray." I use "wait", but I want to incorporate **Pause and Pray** into my repertoire.

Convention was all day Saturday with three tracks going at the same time. I was pleased with each session I attended, lead by OA members, Chairs of the various Regions, and panels and workshops. Convention is a time for me to see others in recovery who are doing something a bit differently. It opens my mind to allow change in my life. I love meeting and knowing, if only gently, so many people in good recovery who do service to keep their abstinence and to carry the message.

One Convention session I attended was a 10th Step Workshop where, among lots of other things, I learned about the site **RapidStep10.com**. It is a quick and easy place to do a 10th step. Look it up, it's pretty neat.

Probably the cutest skit I have ever seen was done by OA's from quite a stretch around the OKC intergroup. It was named the Incredible Journey of Dot and was sung to tunes we all knew. It was funny and fabulous. I would love to bring it to a MCIG Sharathon or KS Day, if possible..

Spring 2026 Assembly and Convention will be held in Dallas, TX March 6-8, 2026. Mark your calendars and make a plan to attend if you can.

Barb H

MCIG Region Rep

Website Report for November 2025 Intergroup Meeting

- Action Item Status:
 - Find out about the monthly charge that I think is for web hosting (requested specifics from Jason today). I will ask Alex, our webmaster, whether this is a good rate and if there are other options. ECD 10/17 - Complete. *Monthly charge for around \$47 to Blue Host is for website hosting. From Alex: "I think there are other options, and we could explore some cheaper alternatives. The challenge is the size of the website, which can make migration difficult and is also likely going to drive up the cost of any hosting plan."*
 - Current Officers - needs to be updated for our new officers. Will send to Alex. ECD 10/17 - Complete.
 - Have Alex remove the Sign In button, which is no longer needed. He provided me with a URL to get into the backend of the website for minor updates. ECD 10/17 - Complete.
 - Have Alex remove the Information about Kansas Day and WSO Convention now that they have passed. ECD 10/17 - Complete.
 - Will have Alex remove the R3 Convention information after 10/19 - Complete.
 - Treasurer's Reports - get May thru September reports posted. ECD 10/31 - Complete.
 - IG Minutes - get May thru September reports posted. ECD 10/31 - Complete.
 - Create a Google Form for people interested in OA to contact us. This would be associated with the website's e-mail address midcontinentig_website@gmail.com, which the Communications Chair would check and respond to. ECD 10/31. *In work. Alex will create a separate webpage for the Google Form that I created.*
 - Work with Treasurer & Alex to create a PayPal account and get a link set up on the website for people to contribute directly to the IG for their 7th Tradition. ECD 11/21. *Not started*

Thanks,
Ginny

Mid-Continent Intergroup Inc. - PIPO Reconciliation

Funds allocated/received	Date/Year		
Initial Budget	Unknown	1000.00	
Additional budget	10-2021	1000.00	
Additional budget	08-2023	2000.00	
Recvd from Region 4	03-2024	2500.00	
Recvd from Regon 4	07-2024	<u>5000.00</u>	
Total budget			11500.00
2021 Expenses	As itemized by Ginny	846.13	
2022 Expenses	As itemized by Ginny	336.48	
2023 Expenses	As itemized by Ginny	2673.96	
2024 Expenses	As itemized by Melissa	3375.00	
2025 Expenses (through October 2025)	As itemized by Melissa/Jason	<u>434.43</u>	
Total Expenses (through October 2025)			<u>7666.00</u>
Remaining budget			<u>3834.00</u>

Report of PIPO Chair for November 2025

Linda attended the Ready, Set, Be Well Health fair through Wichita State. She handed out approximately 25 brochures and had conversations with 15-20 people. I am very grateful for her service and the service of the members who helped her with literature. Thank you!!

We were able to give literature (8 sets of Is food and problem for you, When to Refer someone to OA, and OA bookmarks) to the Addictions, Attitudes, and Beliefs workshop through DECCA. I also gave my DECCA contact a professional packet.

The public library and The Coop Coffee shop have free community display bulletin boards. I plan to leave the flier with the tear offs at these locations and the Spanish Is food a problem for you at Evergreen Library. I would also like to leave a stack of 25 OA bookmarks at the library. If they will let me.

I would like to form a PIPO committee. If each meeting rep. could please announce this at your meeting: Stephanie the PIPO chair would like to form a public outreach committee if you are [interested](#) please call or email Stephanie.

I reached out to the Nebraska PIPO chair again. She has not replied to my voicemail. I'm looking forward to getting ideas from her. If anyone else has ideas for me I am open. PR is a new venture for me. Thank you!

Stephanie

Report on E & O insurance from Kristi conversation with Alexandria Johnson, Shelter Insurance Representative for November 11, board meeting

Shelter Insurance does not write E&O insurance. It is only available through a 3rd party, which Alexandria is willing to look into for us. Alexandria suggested that we likely would be able to purchase coverage of \$500K w/ 1M aggregate per occurrence for around \$200 per year. They would need the first and last name & addresses of board members plus their title (via minutes). Contact Alexandria at Shelter Insurance.

Alexandria stated that Barbara H is the only person on the policy who can make changes. She would need minutes from a meeting that assigns these responsibilities to the current chair.